

Mindful Virtues

The Inner Condition of Happiness and Social Good



The Baha'i community of Cambridge would like to invite you to a series of 8 evenings, each focusing on a different *virtue*. The evening will start with a short practice of mindfulness. This will be followed by words from Holy scriptures, poets, and philosophers to explore and discuss the value of *virtues*.

Venue: Friends' Meeting House, Jesus Lane, Cambridge

Light refreshments will be served

Wednesday 8:00pm– 9:30pm Free entry

24th January- Truthfulness

7th February- Forgiveness

21st February- Compassion

7th March- Gratitude

21st March- Excellence

4th April- Service

18th April- Hopefulness

2nd May- Love

cambridgebahais.org.uk For further information: info@cambridgebahais.org.uk

“All men have been created to carry forward an ever-advancing civilization.”